

To Parents/Guardians of S-Ateen Members

Thank you for extending the hand of recovery to your teen. S-Ateen is for young people ages 12 to 19. Members benefit from a shared learning experience and mutual support in a safe environment. These online Twelve Step meetings are hosted on a platform with video and audio access. For safety reasons, it is a requirement that all participants leave their video cameras on during the meetings.

Here are some suggestions regarding the weekly S-Ateen meetings:



Provide a quiet and private area where your teen can freely share without others in the room, to avoid background noise and distractions, and to preserve the anonymity of other participants.



Headphones are helpful to ensure anonymity for S-Ateen members in the meeting.



Allow your teen to maintain privacy not only while in the S-Ateen meetings, but also after the meetings.

Just like in S-Ateen face-to-face meetings, anonymity is important. We encourage all members to hold in confidence who was at the meeting and what was shared in the meeting. Likewise, we encourage parents/guardians to help uphold these guidelines and refrain from detailed questioning about the meeting. Please be advised though, that if our group sponsors become aware of ongoing unreported abuse, they may be legally obligated to report their reasonable suspicions to local authorities.

S-Ateen Group Sponsors are S-Anon members who have been trained and certified to serve with the S-Ateen fellowship. Following the S-Ateen Meeting Guidelines and Twelve Traditions, the Group Sponsors help to maintain order during the meetings, providing a safe place for all S-Ateen members. The Group Sponsors share on the meeting topic from the standpoint of their own teenage years. They do not play the role of parent, teacher, or counselor by commenting or giving advice. They offer guidance and support during the meetings, rather than advice, by sharing the experience, strength, and hope of the S-Ateen program. Working the Twelve Steps of S-Ateen is emphasized as the key to personal growth in the S-Ateen program.

S-Ateen offers extraordinary opportunities to young people, and we are honored to extend the hand of recovery to young people who courageously choose to participate. We also recognize the courage of parents/guardians who support their teens in seeking their own recovery and gaining support from other young people. If you have any questions about the S-Ateen fellowship or the meetings, please email s-ateen@sanon.org.

“We believe sexaholism is a family disease because it affects all the members emotionally, spiritually, and sometimes physically. We cannot change or control our parents, family members, or friends. We can detach from their problems while continuing to love them and ourselves.”

S-Ateen Suggested Meeting Readings, "S-Ateen Preamble to the Twelve Steps."

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please email s-ateen@sanon.org.**