

S-Anon Point of View Checklist

- We share experience, strength, and hope that is focused on the principles contained in the S-Anon Twelve Steps, Twelve Traditions, and Twelve Concepts of Service.
- We welcome all who seek to recover from the effects of someone else's sex addiction; we create an atmosphere of safety and trust.
- We keep the focus on ourselves and our own recovery.
- We emphasize the solution, not the problem.
- We use S-Anon literature that is written and produced by S-Anon members as our primary literature in meetings.
- We leave religions and other philosophies outside the meeting.
- We avoid the mention of other Twelve Step programs.
- We remember that we are not a therapy or self-help group, and we try not to give advice during our shares.
- We leave our other identities outside the meeting, and we maintain the anonymity of all S-Anon and SA members.
- We create a nonjudgmental atmosphere that provides a safe place for all to address their S-Anon issues.
- We aim to keep it simple, following our meeting guidelines to make all feel welcome.

Reprinted from *What is the S-Anon Point of View?* p. 8.

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